



QUESTIONS TO ASK WHEN YOUR BABY'S IN THE NICU

The Prematurity Prevention Initiative is dedicated to empowering families of premature babies in the neonatal intensive care unit (NICU). During this time, you and your family may experience a range of emotions.

HERE ARE SOME QUESTIONS TO ASK YOUR BABY'S HEALTHCARE TEAM TO ASSIST YOU AND YOUR FAMILY ON YOUR NICU JOURNEY:

- What can you tell me about your NICU?
- What is my baby's condition?
- What is my baby's treatment and daily care routine?
- What can I expect in the short term and long term?
- How often/how long will I be able to visit my baby?
- What ways can I help my baby while in the NICU?
- Are there ways I can bond with my baby in the NICU?
- How can I connect with my baby while we are apart?
- What should I do to avoid infection to protect my baby?
- How long do you expect my baby will stay in the NICU?
- What type of resources and services do you offer parents with babies in the NICU?
- If there are any updates on my baby's health, how will you communicate with me?
- How can I safely introduce my baby to family members while in the NICU?
- Will I be able to breastfeed or bottle feed my baby?
- Do you provide breastfeeding support and/or resources?

NOTES:
