



Questions to Ask Your Healthcare Provider: For NICU Parents

NICU Questions

- What can you tell me about your NICU?

- What is my baby's condition?

- What is my baby's treatment and daily care routine?

- What can I expect in the short term and long term?

- How often/ how long will I be able to see my baby?

- Is there a way I can help my baby?

- Are there ways I can bond with my baby in the NICU? How can I connect with my baby while we are apart?

- What things should I do to avoid infections and protecting my baby?

- How long do you think my baby will stay in the NICU?
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Communication and Support Questions

- What type of support services do you offer to NICU parents?
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- If there are any updates on my baby's health, how will you contact me?
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- How do you communicate with your patients?
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- How can I safely introduce my family to my baby while in NICU?
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- Will I be able to breastfeed or bottle-feed my baby? If so, do you have anyone to help support me or resources?
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